

First in the Nation—City of Fresno's Mobile Fitness Vehicle Combines Fitness, Technology and Health

Communities in the City of Fresno will now have health screenings and computer labs as close as their doorsteps. The City of Fresno's new Mobile Fitness Vehicle is the first-of-its-kind in the nation to combine components of health education, technology and fitness into one vehicle.

Recently unveiled to an enthusiastic group of senior citizens and inner city kids in Central California, the 34-foot long customized toy hauler is powered by rooftop solar panels, highlighted by a 10-station



childhood obesity, type 2 diabetes and other health ailments affecting local children and adults. In spite of its size, the trailer can be driven to open areas such as softball diamonds and volleyball courts where the vehicle can easily be set up and accessed by children and the elderly.

Funding for the Mobile Fitness Vehicle came from a \$45,000 competitive grant the City of Fresno's Department of Parks, Recreation and Community Services (PRCS) successfully acquired through the Pacific Forest and Watershed Lands Stewardship Council.